



# CITY OF GARDENA

## POLICE OFFICER/TRAINEE

### PHYSICAL AGILITY REQUIREMENTS - RATING SCALE

#### PERFORMANCE RATING SCALE - 1.5 MILE RUN

9:15 - 9:16 - 200 10:29 - 149 11:20 - 98

9:17 - 9:18 - 199 10:30 - 148 11:21 - 97

9:19 - 9:20 - 198 10:31 - 147 11:22 - 96

9:21 - 9:22 - 197 10:32 - 146 11:23 - 95

9:23 - 9:24 - 196 10:33 - 145 11:24 - 94

9:25 - 9:26 - 195 10:34 - 144 11:25 - 93

9:27 - 9:28 - 194 10:35 - 143 11:26 - 92

9:29 - 9:30 - 193 10:36 - 142 11:27 - 91

9:31 - 9:32 - 192 10:37 - 141 11:28 - 90

9:33 - 9:34 - 191 10:38 - 140 11:29 - 89

9:35 - 9:36 - 190 10:39 - 139 11:30 - 88

9:37 - 9:38 - 189 10:40 - 138 11:31 - 11:34 87

9:39 - 9:40 - 188 10:41 - 137 11:35 - 11:38 86

9:41 - 9:42 - 187 10:42 - 136 11:39 - 11:42 85

9:43 - 9:44 - 186 10:43 - 135 11:43 - 11:46 84

9:45 - 9:46 - 185 10:44 - 134 11:47 - 11:50 83

9:47 - 9:48 - 184 10:45 - 133 11:51 - 11:54 82

9:49 - 9:50 - 183 10:46 - 132 11:55 - 11:58 81

9:51 - 9:52 - 182 10:47 - 131 11:59 - 12:02 80

9:53 - 9:54 - 181 10:48 - 130

9:55 - 9:56 - 180 10:49 - 129 12:03 - 12:06 79

9:57 - 9:58 - 179 10:50 - 128 12:07 - 12:10 78

9:59 - 10:00 - 178 10:51 - 127 12:11 - 12:14 77

10:52 - 126 12:15 - 12:18 76

10:01 - 177 10:53 - 125 12:19 - 12:22 75

10:02 - 176 10:54 - 124 12:23 - 12:26 74

10:03 - 175 10:55 - 123 12:27 - 12:30 73

10:04 - 174 10:56 - 122 12:31 - 12:34 72

10:05 - 173 10:57 - 121 12:35 - 12:38 71

10:06 - 172 10:58 - 120 12:39 - 12:42 70

10:07 - 171 10:59 - 119 12:43 - 12:46 69

10:08 - 170 12:47 - 12:50 68

10:09 - 169 11:00 - 118 12:51 - 12:54 67

10:10 - 168 11:01 - 117 12:55 - 12:58 66

10:11 - 167 11:02 - 116 12:59 - 13:02 65

10:12 - 166 11:03 - 115

10:13 - 165 11:04 - 114 13:03 - 13:06 64

10:14 - 164 11:05 - 113 13:07 - 13:10 63

10:15 - 163 11:06 - 112 13:11 - 13:14 62

10:16 - 162 11:07 - 111 13:15 - 13:18 61

10:17 - 161 11:08 - 110 13:19 - 13:22 60

10:18 - 160 11:09 - 109 13:23 - 13:26 59

10:19 - 159 11:10 - 108 13:27 - 13:30 58

10:20 - 158 11:11 - 107 13:31 - 13:34 57

10:21 - 157 11:12 - 106 13:35 - 13:38 56

10:22 - 156 11:13 - 105 13:39 - 13:42 55

10:23 - 155 11:14 - 104 13:43 - 13:46 54

10:24 - 154 11:15 - 103 13:47 - 13:50 53

10:25 - 153 11:16 - 102 13:51 - 13:54 52

10:26 - 152 11:17 - 101 13:55 - 13:58 51

10:27 - 151 11:18 - 100 13:59 - 14:02 50

10:28 - 150 11:19 - 99

14:03 - 14:06 - 49

14:07 - 14:10 - 48

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15:55 - 15:58 - 21

15:59 - 16:02 - 20

16:03 - 16:06 - 19

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16:31 - 16:34 - 12

16:35 - 16:38 - 11

16:39 - 16:42 - 10

16:43 - 16:46 - 9

16:47 - 16:50 - 8

16:51 - 16:54 - 7

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16:56 - 5

16:57 - 4

16:58 - 3

16:59 - 2

17:00 - 1